# Bio 135 Lab: Bones lab two, Appendicular Skeleton and joints:

- Objectives:
  - Learn the bones of the Appendicular Skeleton and the associated markings
  - Learn the types of joints, their structure and the motions they allow.
- Pre Lab Activities:
  - Go to the virtual lab and review materials there on the appendicular skeletal system.
- Lab Activity
  - Lecture over the types of bones, joints and motions of the appendicular skeleton
  - Review the list of bones for the appendicular skeleton and learn them and their structures by visual comparison with images in your text and in the class.
  - Review bone models and identify the structures listed on the following pages

# Bio 135

# Bones and Markings of the Appendicular Skeleton

### UPPER LIMB

# Clavicle

### Scapula\*

acromion process coracoid process glenoid fossa (cavity) lateral border medial border spine Humerus\* Head greater tubercle lesser tubercle lateral epicondyle medial epicondyle olecranon fossa coronoid fossa anatomical neck surgical neck Radius head radial tuberosity styloid process

#### Ulna

coronoid process olecranon process radial notch trochlear notch styloid process

#### Carpals Metacarpals

Phalanges

## LOWER LIMB

Coxal (or Innominate) Bone\*† acetabulum Ilium iliac crest Ischium

**Pubis** symphysis pubis (pubic symphysis)

#### Femur\*

head neck greater trochanter lesser trochanter patellar surface lateral condyle medial condyle

# Patella

Tibia\* anterior crest (shin)

lateral condyle medial condyle medial malleolus

# Fibula

head lateral malleolus Tarsals Calcaneus Talus Metatarsals Phalanges